

Comptes : 64

Murs : 4

Niveau : Intermédiaire

Chorégraphe : Alison Biggs (UK) &amp; Peter Metelnick (UK) - Septembre 2021

Musique : Shivers - Ed Sheeran

Départ après 32 comptes sur le mot «heart»

**1 - 8 R SIDE TOE STRUT, L CROSS TOE STRUT, R SIDE, L TOGETHER, R BACK, L SIDE**

1-4 Touch R toes side, step R heel down, cross touch L toes over R, step L heel down

5-8 Step R side, step L together, step R back, step L side

**9 -16 R CROSS STRUT, L SIDE STRUT, CROSS R OVER L, L SIDE, R CROSS BEHIND L, L SIDE**

1-4 Cross touch R toes over L, step R heel down, touch L toes side, step L heel down

5-8 Cross step R over L, step L side, cross step R behind L, step L side

**17 - 24 R CROSS ROCK/RECOVER, ¼ R, L HITCH, ¼ L, 3 STEP WEAVE L/R/L, LOW R FLICK TO R DIAGONAL**

1-4 Cross rock R over L, recover weight on L, turning ¼ right step R forward, turning ¼ right hitch up left knee (3 o'clock)

5-8 Step L to left side, cross step R behind L, step L to left side, low flick right toes towards R diagonal (6 o'clock)

**25 - 32 R ROCK BACK/RECOVER, STEP R INTO ¾ L SPIRAL, L FWD, R FWD, L FWD, R FWD BRUSH**

1-4 Rock R back, recover weight on L, step R &amp; with weight on R spiral ¾ left (9 o'clock)

5-8 Step L forward, step R forward, step L forward, brush R forward

**33 - 40 R JAZZ BOX BRUSH, CROSS L OVER, R SIDE, CROSS L BEHIND, SWEEP R FRONT TO BACK**

1-4 Cross step R over L, step L back, step R side, brush L forward

5-8 Cross step L over R, step R side, cross step L behind R, sweep R from front to back

**41 - 48 R BEHIND, L SIDE, CROSS R OVER, L SIDE, R BEHIND, ¼ L, R FWD, ½ L PIVOT TURN**

1-4 Cross step R behind L, step L side, cross step R over L, step L side

5-8 Cross step R behind L, turning ¼ left step L forward, step R forward, pivot ½ left (12 o'clock)

**49 - 56 FULL FWD L TURN R/L/R, HOLD, L FWD ROCK/RECOVER, L TO L SIDE, TOUCH R NEXT TO L**

1-4 Turning ½ left step R back, turning ½ left step L forward, step R forward, hold

Non-turning option: Run forward R/L/R

5-8 Rock L forward, recover weight on R, step L to left side, touch R next to L

**57 - 64 ¼ R, R FWD, ½ L, L BACK, R BACK, HOLD, L MAMBO STEP, R FWD BRUSH**

1-4 ¼ R step right forward, ½ right step L back, step R back, HOLD (9 o'clock)

5-8 Step L back, step R in place, step L forward, brush R forward