

Comptes : 64

Murs: 4

Niveau : Avancé phrasé

Chorégraphes : José Miguel Belloque Vane (NL) & Roy Verdonk (NL) - Août 2021

Musique : Beggin - Måneskin

Intro : après 16 comptes

Sequence : A, B, A, A, A, B, A, A (20 comptes), Tag 1, A, A (20 comptes), Tag 2, B, A, A

Partie A: 32 comptes**1 - 8 KICK BALL CROSS, SIDE ROCK, WEVE 1/8 TURN, RUN RUN RUN**

1&2 Kick right to right diagonal, step right beside left, cross left over right

3-4 Rock right to right, recover weight onto left

5&6 Step right behind left, step left to left, turn 1/8 left step right forward (10h30)

7&8 Run left forward, run right forward, run left forward

9 - 16 STEP 1/2 PIVOT, 1/2 TURN SHUFFLE, BACK SWEEP, BACK SWEEP, WEAWE 1/8 TURN

1-2 Step right forward, pivot 1/2 left transferring weight onto left (4h30)

3&4 Turn 1/2 left step right back, step left beside right, step right back (10h30)

5-6 Step left back sweeping right from front to back, step right back sweeping left from front to back

7&8 Step left behind right, turn 1/8 right step right to right, cross left over right (12h00)

17 - 24 SIDE, 1/4 HEEL BOUNCE x 3, HEEL SWITCHES, STEP BODY ROLL

1-4 Step right to right, turn 1/4 left bouncing heels 3 times transferring weight onto left (9h00)

Restart 1 : 6th time Part A is danced, Dance Tag 1 then Restart with Part A**Restart 2** : 8th time Part A is danced, Dance Tag 2 then Restart with Part B

5&6& Touch right heel forward, step right beside left, touch left heel forward, step left beside right

7-8 Step right forward, body roll up

25 - 32 BALL ROCK, COASTER STEP, ROCK, 1/2 TURN SHUFFLE

&1-2 Step left beside right, rock right forward, recover weight onto left

3&4 Step right back, step left beside right, step right forward

5-6 Rock left forward, recover weight onto right

7&8 Turn 1/2 left step left forward, step right beside left, step left forward (3h00)

Partie B: 32 comptes**1 - 8 FORWARD, FORWARD, TOGETHER, HOLD, TWIST TOE HEEL, DROP, HOLD**

1&2 Step right forward, step left forward, step right beside left

3-4 Hold for 2 counts

5&6 Twist both toes left, twist both heels to center, bend both knees

Note : Keep knees bent until they straighten in the next section

7-8 Hold For 2 counts (weight on left)

9 - 16 BACK, BACK, TOGETHER, HOLD, TWIST TOE HEEL, LIFT, HOLD

1&2 Step right back, step left back, step right beside left

3-4 Hold for 2 counts

5&6 Twist both toes right, twist both heels to center, straighten knees

7-8 Hold for 2 counts (weight on right)

17 - 24 SIDE, POINT, SIDE, POINT, SIDE, CROSS, POINT, HOLD

1-2 Step left to left dip body from right to left, point right to right

3-4 Step right to right dip body from left to right, point left to left

5&6 Step left to left, cross right over left, point left to left

7-8 Hold for 2 counts

25 - 32 FULL TURN RUN AROUND, SWEEP, JAZZBOX CROSS

1&2 Turn $\frac{1}{2}$ left step left forward, turn $\frac{1}{4}$ left step right forward, turn $\frac{1}{4}$ left step left forward (12:00)

3-4 Sweep right slightly in the air from back to front over 2 counts

5-6 Cross right over left, step left back

7-8 Step right to right, cross left over right

Tag 1 : after 20 counts of the 6th time Part A is danced, restart with Part A

1 Step right to right

2-4 With hands together lift hands above head

5-8 Open hands to both sides transfer weight onto left

Tag 2 : after 20 counts of the 8th time Part A is danced, restart with Part B

1 Step right to right

2-3 With hands together lift hands above head

4 Open hands to both sides transfer weight onto left